

Safety Branch by the Numbers

Reporting period: Jan 1, 2022 to Jun 30, 2022

2484

Total Inquiries

2010 Occupational Health and Safety
474 Technical Safety

1294

Workplace Inspections

25

Opened OHS Investigations

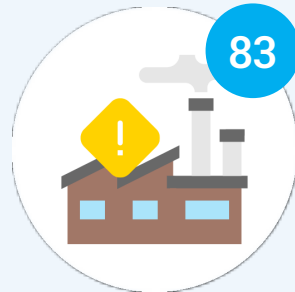
372



Serious Injuries

* Data from Jan to Mar 2022

83



Serious Incidents

7



Workplace Fatalities

4 Acute / 3 Chronic

664

Orders Issued

32

Administrative Penalties

1

Summary Offence Tickets

16

Charges Laid

Call 1-800-9LABOUR
for workplace and public
space safety issues,
concerns and regulations.

NOVA SCOTIA

CELEBRATE

Armour-Kentville Terminal receiving
their shirts and gift cards as part of their
Large Company 2021 Safety Award
from NSTSA



NEWSLETTER

Nova Scotia Trucking Safety Association

October 2022 – Vol 3

ELECTRONIC LOGGING DEVICES

Electronic logging devices (ELDs) are equipment that automatically record driving time in commercial motor vehicles. This helps make sure that drivers are compliant with hours of service regulations resulting in reduced fatigue for drivers, improved administrative efficiency and safer roads in Canada.



On March 7, 2022, the **Canadian Council of Motor Transport Administrators (CCMTA)** released a message for industry confirming that all jurisdictions support a period of progressive enforcement without penalties until **January 1, 2023**, including elevated education and awareness for motor carriers and drivers.



Flagger Signals With a STOP/SLOW Paddle



Road Construction isn't just an industry, it's also 3 seasons long! What I've learned is that EVERYONE wants improvements but NOBODY wants Construction. They have a job to do and we need to do ours so everyone gets to where they're going safely. Please pay close attention to all of the high visibility warning signs, safety cones and barrels and traffic control people.

Traffic Control Persons sets up each site with the intention to keep the motoring and pedestrian traffic flowing with as few delays possible. They are there to guide you, so please slow down and follow their instruction for everyone's safety.

SAFETY
TALK

Nova Scotia Trucking Safety Association - Suite 205 380 Bedford Highway, Halifax NS B3M 2L4

902-493-3051 www.nstsa.ca safety@nstsa.ca

Five Common Contributing Factors for Workplace Injuries Safety

There is a long list of possibilities for what can contribute to or cause a workplace injury. **Unsafe conditions** and **unsafe acts** are often at the root cause of why injuries occur. Unsafe acts especially are a huge factor in the majority of workplace injuries.

The Five Contributing Factors

- 1. Distractions-** There are many distractions that can take away focus from the work task at hand. These distractions can be in our actual work environment, such as clutter or noise, or a mental distraction. Mental distractions stemming from what is going on in our home life can serve as a huge disruption to getting tasks done safely at work.
- 2. Complacency-** Many workers do the same tasks over and over for many years. Because of this familiarity with their work, **complacency can set in**. Complacency leads to taking shortcuts or not following normal work procedures. When this occurs an injury is more likely to occur on the job.
- 3. Poor Housekeeping-** Housekeeping is a major issue in some workplaces. Poor housekeeping leads to many different hazards. Some common injuries include slips, trips, falls, lacerations, sprains, and strains. A lack of housekeeping often is a signal that there are larger safety issues at hand.
- 4. Poor Preplanning-** The lack of planning leads to a huge number of issues. When the hazards of a new task are not evaluated prior to work beginning, hazards are going to be left uncontrolled. This leaves employees at risk for injury. Poor preplanning can also lead to issues with not having the correct equipment, tools, materials, personnel, training for the work as well as a lack of time to get the job done. All of these issues have their own unique safety implications.
- 5. Taking Shortcuts-** A major unsafe act that results in many workplace injuries is taking shortcuts. There are various reasons why a worker takes a shortcut, but eventually, enough safety shortcuts will lead to a workplace injury.

These are just five of some of the more common factors that cause or contribute to workplace injuries. Evaluate your work today and see if any of these five items mentioned are at play. Work to eliminate these factors to ensure you are able to work safely.

Training Calendar

Dates	Training	Location	Time
Sept 14 & 15th	2 Day Federal OHS Program	HALIFAX Apadana Building, 380 Bedford Hwy.	9:00 – 4:00pm
Sept 16th	1 Day Small Business OHS Program	HALIFAX Apadana Building, 380 Bedford Hwy.	9:00 – 4:00pm
Oct 5 & 6th	2 Day Federal OHS Program	NEW GLASGOW Holiday Inn - 86 Lawrence Blvd, Stellerton	9:00 – 4:00pm
Oct 14th	1 Day Small Business OHS Program	SYDNEY Cambridge Suites, 380 Esplanade	9:00 – 4:00pm
Oct 27 & 28th	2 Day Federal OHS Program	SYDNEY Cambridge Suites, 380 Esplanade	9:00 – 4:00pm
Tentative Dates			
Jan 19 or 26	REFRESHER 1 Day Federal	HALIFAX Apadana Building, 380 Bedford Hwy.	9:00 – 4:00pm
Jan 18 or 25	REFRESHER ½ Day Small Business	HALIFAX Apadana Building, 380 Bedford Hwy.	9:00 – 1:00

Please contact Tina if interested in 'tentative' dates, to confirm attendance or for any training inquiries via email: safety-coordinator@nsts.ca or Phone: 902-220-6168



SAFETY TALK



CONFERENCE

Changes to the Nova Scotia First Aid Regulations took place June 13, 2022

Under the National Occupational Health and Safety Reconciliation Agreement, signed in 2019, NS committed to harmonizing the workplace First Aid Training & First Aid Kit requirements based on new Canadian Standards Association (CSA)

Q&A

- WHAT ARE THE CERTIFICATE LEVELS NOW CALLED?
There are 3 levels of certificates, Basic, Intermediate and Advanced
- IS MY EXISTING CERTIFICATE STILL VALID?
YES, any certificates issued before the changes are still valid until they expire
- WHAT ARE THE KIT NAMES THAT I SHOULD BE LOOKING FOR WHEN PURCHASING NEW KITS UNDER THESE REGULATIONS
Kit Names have changed:
 - Type 1 – Personal. Available in only one size
 - Type 2 – Basic. Available in three sizes
 - Type 3 – Intermediate. Available in three sizes
- IS THERE A WORKPLACE GUIDE FOR THESE CHANGES?
YES, the Safety Branch has produced a plain language document called – Workplace First Aid- A guide for Employers and First Aiders.



www.novascotia.ca/lae/healthandsafety