

	LADDERS - TYING OFF	Date:
	TOOLBOX / TAILGATE TALK	Presenter:

Ladders: Tie-offs

Introduction

1. Review any accidents or "near accidents" from the past week.
2. Describe the hazards of the work as they relate to your project. Explain or show the Safe way of doing the job.
3. Give the Tool Box Safety Talk

Each year about 50 construction workers are killed by falls from ladders. To ensure safety when working from a ladder or using a ladder to access upper levels, take these precautions;

- When accessing an upper level from a ladder, position the ladder so the side-rails extend at least three feet above the landing point.
- Secure the ladder by tying off to a stationary object.
- Attach the ties to side-rails of the ladder, not the rungs.
- While tying off the top, make sure someone "foots" the bottom or the bottom is tied off.
- If it is not practical to tie off or secure a ladder for whatever reason, make sure the ladder is "footed" at the base by another person with both hands on the side-rails to prevent any movement or overturning of the ladder.



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