

	FIRST AID CHANGES	Date:
	TOOLBOX / TAILGATE TALK	Presenter:

Changes to the Nova Scotia First Aid Regulations took place June 13, 2022

Certification Levels: Now called **Basic, Intermediate and Advanced.**

All First Aid Certificates issued before the changes are valid until they expire.

New Topics Added: Renaming old titles,

Added: Mental Health, Risk Assessments, Nose and Eye Injuries

Kit Names have changed: No longer named by province ie. NS #1

- Type 1 – Personal. Available in only one size
- Type 2 – Basic. Available in three sizes
- Type 3 – Intermediate. Available in three sizes

New First Aid Kits Contents have new items in addition to quantity changes

- Stretch Bandages
- Antibiotic Ointment
- Glucose
- Eye Dressing Pads
- Padded Splints
- Abdominal Pads
- Emergency Blankets
- Cold Packs
- Tourniquets, Arterial
- Longer blunt head scissors 140mm



Training Certification Titles have changed:

Emergency First Aid = *Basic* First Aid (8 hours of training)

Standard First Aid = *Intermediate* First Aid (16 hours of training)

First Aid Kits must meet current regulations within one year from when they came into force. June 13, 2023 is final date of transition.

*You do NOT need to buy a new First Aid kit, nor do you need to have CSA marked on it in any way but the contents must be compliant with the CSA standard. You can check this out on pages 24-27 of the new Guide.

Changes to contents of First Aid Kits apply only to Provincial kits.

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