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2025**

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NEWSLETTER

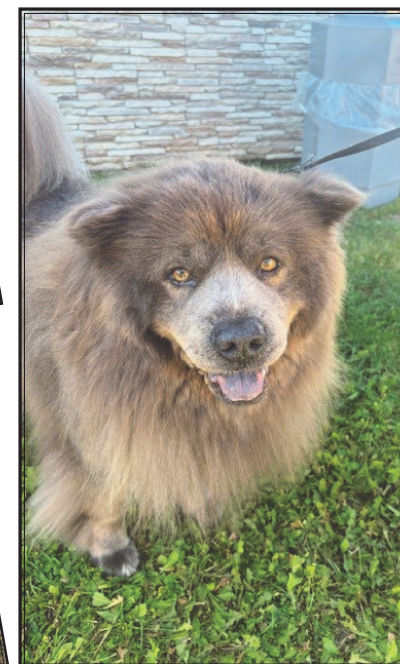
Nova Scotia Trucking Safety Association

December 2024 – Vol 12

New Office Phone Number: (782)414-0733

Driver Appreciation Week – September 2024

In collaboration with numerous sponsors and NSTSA, THRSC Atlantic and APTA dedicated a week to traveling across the Atlantic provinces to express our gratitude to professional drivers.



Nova Scotia Trucking Safety Association - Suite 205 380 Bedford Highway, Halifax NS B3M 2L4

Office: (902) 493-3051 After August 1 (782) 414-0733 www.nstsa.ca safety@nstsa.ca

End of Year Message from the Executive Director Nova Scotia Trucking Safety Association

Dear Members and Partners,

As the year ends, I want to take a moment to reflect on the significant strides we've made together in advancing safety within our industry. The Nova Scotia Trucking Safety Association (NSTSA) has always been dedicated to fostering a safer, more supportive work environment, and this year we have seen remarkable progress.

I am proud of the following key accomplishments that have had a profound impact on safety across the trucking community:

- **Collaboration with Legal Info NS on Harassment and Bullying Prevention:** In partnership with Legal Info Nova Scotia, we took significant steps to raise awareness about harassment and bullying in the workplace. Through educational campaigns, and distribution of resources, we've worked to ensure that trucking workplaces are safe, respectful, and free from intimidation. This collaboration has been essential in creating a more positive environment for all employees.
- **Advocacy with the Atlantic Provincial Trucking Association on the slow Down, Move Over:** Safety on the road remains a top priority, and in partnership with the Atlantic Provincial Trucking Association, we've focused on advocating for the critical Slow Down, Move Over. Through awareness campaigns and public outreach, we've worked tirelessly to ensure that drivers understand their responsibility to slow down and move over when approaching roadside workers, first responders, tow truck operators and vehicles with flashing lights. These efforts are making our roads safer for all.
- **Addressing Psychological Safety in the Workplace:** We are also proud to have taken steps toward improving psychological safety in the workplace. Recognizing the importance of mental health and well-being, we have introduced new initiatives to provide support for drivers and workers. Through education, mental health resources, and fostering a culture of openness, we have made significant progress in ensuring that workers feel safe not only physically, but emotionally as well.
- **Return to Work Initiative:** The Nova Scotia Trucking Safety Association (NSTSA), The Nova Scotia Trucking Human Resources Sector Council Atlantic (THRSC) and the Workers Compensation Board of Nova Scotia (WCBNS) has partnered to create a program with built in resources to support the Trucking industry with both transitional duties for a new claim as needed and work with you to find alternate jobs for more long term injured Workers.

These accomplishments are a testament to the power of collaboration, the strength of our partnerships, and the unwavering commitment of our members to make safety a top priority. However, as we know, our work is ongoing. In 2025, we will continue to build on these efforts, focusing on further improving safety standards and addressing emerging challenges within our industry.

On behalf of the entire NSTSA team, I extend my sincere thanks to all our members, partners, and supporters. Your dedication and engagement are the foundation of our success, and together, we will continue to make our industry safer, stronger, and more resilient.

As we approach the holiday season, I encourage you all to take some well-deserved time to rest and recharge. I look forward to continuing this important work with you in the coming year.

Wishing you and your loved ones a joyful, restful holiday season and a safe, successful New Year.

Warm regards,

Monica Thomsen

Executive Director

Nova Scotia Trucking Safety Association



This is Isabella, Margie's granddaughter and each year she takes the toys NSTSA purchases and drops off to the Q104 toy drive.



Trucking Human Resource Sector Council Atlantic

The Trucking Human Resource Sector Council Atlantic is pleased to provide the following programs coming up early 2025.

Be sure to check on line (www.thrsc.com) for more information or reach out to Kelly Henderson, Executive Director at kelly@thrsc.com

Programs:

Supervisory Development Program	January 2025 – March 2025
NATMI Driver Trainer Certification	January 2025
NATMI Safety Supervisor Certification	February 2025
NATMI Director of Safety	February 2025
Certificate in Inclusive Leadership	January 2025 – March 2025
Working Minds – Supervisors	January 2025
	February 2025
Working Minds – Employees	February 2025
	March 2025

We fully intend to offer Basic First Aid training to the Transportation Industry in our province again when the Spring Weight restrictions are in effect.

HELPING YOU PLAN AHEAD.

and maybe keep you a little closer to home

REMEMBER THIS? WELL, WE'RE DOING IT AGAIN!

FIRST AID TRAINING for DRIVERS, STAFF TECHNICIANS within the TRANSPORTATION SECTOR

In partnership with St John's Ambulance, NSTSA is now able to offer Basic First Aid training at a special rate and at more locations to make training more accessible to professional drivers in our province.

Locations
Truro
Waterville Fire Dept
Sydney - (nearby to St. John's Ambulance Office)
Bridgewater
New Glasgow - Summer Street
Dartmouth - St. John's Ambulance Office
Amherst
Port Hawkesbury

Date
March 22
March 26
March 28
April 3
April 3
working on it
working on it

Fee
\$96 No Tax
Must be pre-paid

To register contact
Marge Benson,
Email: safety@nsts.ca
or call 782-414-0733

First Aid (Basic/Emergency)

We need to fill 2 classes to meet our 10 person minimum requirement.

Bridgewater – March 28th
– need 5 but room for 13

Dartmouth – April 3rd
– need 2 but room for 10 more

Please contact Margie to register – 782-414-0733
OPEN TO ANYONE REGARDLESS OF MEMBERSHIP - \$96

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Date
March 20
March 22
March 26
March 28
April 3
April 3
TBD

Please confirm attendance by:
March 13th
March 15th
March 19th
March 21st
March 25th
March 25th

\$96

To register contact
Marge Benson,
Email: safety@nsts.ca
or call 782-414-0733